GREAT HERON 5K ROAD RACE

TO HELP FIGHT THE BATTLE AGAINST BREAST CANCER

SATURDAY, APRIL 16, 2005

9 a.m. START
(Check in 7:30-8:30 a.m.)

SPONSORED BY THE WILLIAM SMITH ATHLETICS DEPARTMENT
www.hws.edu/herons/ghrr
USATF/RRCA CERTIFIED COURSE #NY01051AM

WHERE: Boswell Field, Hobart and William Smith Campus (Hamilton St./Rts. 5&20, Geneva, N.Y.)
PARKING: Bristol Fieldhouse and St. Clair St. lots
ENTRY FEE: $15 Pre-registration, Late $20 (postmark deadline, Mon., April 11, 2005)
Hobart & William Smith Students Free Compliments of HSG and WSC
CATEGORIES: 17 & under, 17-29 HWS Students, 18-22 Non-HWS Students, 23-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-69, 70 & over
AWARDS: Overall winners and age group winners (male & female); T-shirts to the first 300 registered runners.
QUESTIONS: Call Sally Scatton (315) 781-3940, or e-mail: scatton@hws.edu

LAST NAME________________________________     FIRST NAME_________________________
STREET____________________________________     CITY_________________________________
STATE___________     ZIP_______________     PHONE(_______)____________________________
AGE___________     BIRTH DATE___________________     MALE_______     FEMALE_______
BEST 5K TIME______________ SHIRT SIZE     S     M     L     XL

Waiver:
I understand that a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly
trained. I assume all risks associated with this event including but not limited to contact with other participants, foul
weather, traffic and road conditions; all such risks being accepted by me. I, for myself and anyone entitled to act on my behalf,
waive and release William Smith College, Hobart College, the City of Geneva, County of Ontario and any and all race
sponsors and race officials from all claims and liabilities of any kind arising out of my participation in this event.

SIGNATURE ___________________________ DATE ____________________

UNDER 18 - PARENT/GUARDIAN_____________________________________

Mail completed form with entry fee (make checks payable to William Smith Athletic Department) to:
                      Great Heron Road Race
                      William Smith College Athletics
                      Winn-Seeley Gymnasium
                      Geneva, N.Y., 14456