

HERONews

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The Heron Society of WILLIAM SMITH COLLEGE

Sailors preparing for national championship pursuit

SAILING—The Hobart and William Smith sailing team begins the 2006 spring season as the defending champions in the ICSA North American Team Race and ICSA North American Coed Dinghy regattas, but because of the depth and talent in



the Middle Atlantic region, HWS isn't monopolizing the preseason favorite buzz.

The team returns five of the seven sailors that captured the program's first two national championships in Austin, Texas. Skipper **JOHN STORCK '05** was a key component of both championship efforts, while skipper **LEE SACKETT '05** guided one of the Colleges three boats in the team race regatta.

Seniors **ZACK GOLDMAN**, **MOLLY LAWSON**, and **AUGUSTA NADLER** and juniors **AMANDA MARKEE** and

TREVOR MOORE return to lead HWS in its title defense efforts. Markee, Moore, and Nadler all earned All-American honors last season.

Skippers junior **BRIAN CLANCY** and sophomore **JAY MILLS** will compete in the team racing events and will battle for a spot in the dinghy races. Both were in the hunt for the final roster spot at last season's ICSA Championships.

See *Sailing Outlook*, p. 3



Lacrosse has high hopes for 2006

LACROSSE—The William Smith lacrosse team has high expectations for the 2006 campaign. Despite the loss of six starters to graduation, the Herons welcome back 10 seasoned veterans along with a batch of talented newcomers.

Under the guidance of Head Coach **PAT GENOVESE**, the William Smith lacrosse team has registered 23 winning seasons, including 16 appearances in the NCAA Division III Tournament. The only coach the program has ever known, Genovese sits atop the Division III women's lacrosse wins list, boasting a career record of 318-113-1.

In the attacking third of the field, the Herons feature four fresh faces. Senior **LOUISE GREENWOOD**, sophomore **JESSE MCKENNA**, and first-year **NINA SPERRY** are expected to start, while a trio of student-athletes are battling for the remaining starting position. In her first season as a starter, Greenwood is expected to spark the offense with her powerful, precise shot and superior stick skills. A consistent playmaker, McKenna is comfortable in the offensive scheme and has developed into a primary feeder. A prolific high school scorer, Sperry possesses the full compliment of shots and is dangerous with or without the ball.

Vying for the fourth and final starting spot on the attack are junior **HANNAH WESLEY** and first-years **MICHAELA PARNELL** and **CAITLIN LEONE**. Wesley has explosive speed and a powerful shot; Parnell generates high-caliber scoring opportunities by driving to the cage; while Leone is lethal inside the 6-meter arc.

The cornerstone of the 2006 William Smith squad will lay within its midfield as Genovese returns three out of four starters. Despite the graduation of **ALI HERTER**, a 2005 All-Liberty League first-team selection, juniors **SARAH DILLON** (pictured) and **JESSICA SCOTT**, and

sophomore **RACHEL STAHL** all started at least 13 games in 2005.

Dillon, who made an immediate impact in her debut as a starter, led the team in goals (38) and points (46), while ranking second in draws controlled (23) and caused turnovers

See *Lacrosse Outlook*, p. 2



KEVIN COLTON

\$50,000 & 500 members

When the William Smith Heron Society was created in 1983, \$9,399 was raised with a membership of 158. As of March 27, the Heron Society has 486 members and has raised \$56,153 during our 2005-06 annual membership drive. These numbers are outstanding! Thank you for your support.

While it is exciting that we've surpassed our \$50,000 goal, we need your help in reaching our second goal, 500 members. Please take a look at the membership list included in this newsletter. If you don't see a classmate or teammate from your time at the Colleges, pick up the phone and encourage them to join. Let them know the Heron Society has collected over \$50,000 and is close to reaching the 500 member mark for this membership year. (Remember Hobart alums can also join the Heron Society.)

You can now join online. Visit www.hws.edu/onlinegiving and select Heron Society.

Through our increased support, the Board of Directors has been able to provide money to the Herons to purchase equipment, offset training trip expenses, and provide support for the Peak Performance Leadership Plan. The endowment of the Heron Society has grown beyond \$120,000. It's an exciting time to be a Heron, and the student-athletes and coaches continue to soar to new heights in their sports. We thank them for their commitment, dedication, and sportsmanship both on and off the court, field, and water.

There are three new members that have recently joined the Board of Directors. **CYNTHIA FULTS BURKE '87** (field hockey/lacrosse), **JENNIFER MUNNELLY KUCHARZ '93** (lacrosse), and **GINNIE BACHELER '73** (swimming). We welcome them and appreciate their added support of the Heron Society. Other board members include: **TRACY ALEXANDRE BOYLE '82** (Parent '07), **MEGHAN O'BRIEN DONALDSON '89**, **CAROL SHANKS DOUGHERTY '83**, **KATIE O'FLAHERTY '98**, **KERRY MCCULLOUGH BROWN '87**, **CINDY OYLER TEERLINCK '93**, and **KATHLEEN THELIAN** (Parent '01). Thank you for your continued commitment and vision.

I would like to thank Hall of Honor inductees **CHRISTIE HAYES '71** (swimming) and **JULIE PERRY '89** (soccer, basketball, lacrosse) who recently completed their terms on the board. Christie has been a mainstay of the Heron Society since its inception, and Julie has served as our trusty Treasurer for many years. Thank you, Christie and Julie. Your leadership, talents, and devotion to William Smith Athletics and the Heron Society are appreciated. We will indeed miss you.

DEB STEWARD has been at the helm of the athletic department since late last summer. We welcome her and recognize the leadership skills required to support the finest Division III athletic program in the nation. Finally, there are two Herons who work tirelessly behind the scenes who deserve much more than a thank you on this page. **DARLENE DEVANEY** and **SAM SCALA** help to keep the William Smith front office running, and their commitment is amazing.

Please feel free to contact me or any member of the board if you have any questions about the Heron Society or if you are interested in becoming involved.

Courtney Hundley
President of the Heron Society

Lacrosse Outlook (from p. 1)

(22). The 2005 second-team All-Liberty League selection will see the lion's share of attention from the opposition, so her ability to read the defense and distribute accordingly are essential to the effectiveness of the Herons' attack. A physically gifted athlete, Dillon will use her decisive reach advantage to control center draws and wreak havoc on defense.

A two-year starter and a tri-captain, Scott is a consistent offensive and defensive presence. She registered at least one point in 11 of the 15 games she played in last season, including a season-high four assists in a 12-10 win against St. John Fisher. Scott is also an aggressive defender, causing a season-high four turnovers against Clarkson.

In her first season as a starter, Stahl demonstrated glimpses of becoming a serious offensive threat, registering a pair of hat tricks (Ithaca, Vassar). With a young front line, she is expected to shoulder more of the scoring load. Stahl's ability to shoot off the dodge and move the goalie make her a viable scoring option.



KEVIN COLTON

Junior **JANE ERICKSON** and first-year **LAUREN PETERS** are expected to play significant minutes.

Erickson has a quick first step and strong sticks skills, while Peters has keen vision and a nose for the goal.

In the defensive third of the field, William Smith will have to replace the veteran leadership of **LIZ HARRIS '05** and **JULIE STEVENSON '05**, but the Herons have assembled a vaunted defense, spearheaded by two-time IWLCA All-Region pick, senior **JESSICA TANNER** (pictured)

and classmate **JENNIFER DAVIDSON**. Tanner, a 2005 second-team All-Liberty League pick, led the team in draws controlled (27) and was tied for first in ground balls (42) with Davidson. One of the tri-captains, Tanner is a shut down defender, regardless of the opposition's strengths. A three-year mainstay on defense, Davidson will use her experience and leadership to direct the defense.

Sophomore **SARAH DAVIDSON** and first-year **TORIE ALLEN** are expected to fill the void left by graduation. Sarah Davidson is a mirror image of her sister, while Allen utilizes her size advantage and understanding of the defensive schemes to cut off passing angles.

First-years **KARIN LeBLANC** and **AMBER DRUMM** will push the starters for quality minutes. LeBlanc, a speedster, uses her great positioning to make stops and jumpstart the transition, while Drumm has great footwork and is beginning to grasp the defensive schemes.

When they return from preseason injuries, sophomore **BRIDGET MILLARD** and first-year **MELISSA GAYDOS** will bolster the lineup.

Between the pipes, sophomore **MORGAN BAIRD** and first-year **REBECCA JOSEFIK** are battling for the starting nod. Baird, who saw action in nine games in 2005, has showcased cat-like reflexes and the ability to jumpstart the fast break with precise clears. A highly decorated high school goalkeeper, Josefiak is a solid backstop who cuts down the opposition's shooting angles.

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Ms. Christine Bennett West '94
Mr. and Mrs. Richard M. White
Mr. and Mrs. Michael W. Wickham
Alicean G. Wilber
Mr. and Mrs. Joseph H. Willard
Ms. April Ferguson Wingate '89
Mr. Bert F. Winston Jr.
Mr. Phillip W. Winston '93
Mrs. Leslie J. Wood '73
Ms. Robin Biltz Wood '84
Dr. Elizabeth Woodard
Mrs. Lisa B. Woodard-Mink '88
Mrs. Holly Steelman Woodworth '75
Ms. Diane-Louise K. Wormley '70
Jodelle S. Wuertzer Magner, Ph.D. '88
Mr. Peter A. Yaverbaum '96
Ms. Beth Yingling '75
Ms. Susan L. Yolen '72
Mr. and Mrs. Arthur L. Young
Mr. and Mrs. Brent K. Young
Mrs. Jane Westman Young '51
Kelly A. Young
Mrs. Patricia Rosenau Ziplow '82
Ms. Constance E. Zotos
Ms. Maureen Collins Zupan '72

Rowers gearing up for Liberty League Championship pursuit

CREW—The only team to win the Liberty League Rowing Championship, William Smith is primed to defend its 2004 title (the 2005 championship was cancelled due to the weather). Fourth-year Head Coach **SANDRA CHU**, the two-time Liberty League Coach of the Year, returns 15 student-athletes from last season's squad, including a pair of All-Americans, and a bevy of talented first-years.

The Herons return four oarswomen

Sailing Outlook (from p. 1)

The team will be bolstered by the strong performances of first-years **SARAH BORUP**, **MORGAN COMMETTE**, **AUSTIN KANA**, and **JOHN SAMPSON** who won the MAISA Freshmen Championship and finished second in the Freshmen ACCs in the fall.

The Herons also are seeking a return trip to the ICSA Women's Championship. In addition to some of the Herons already mentioned, the team will rely on the expertise of junior **KATE BRUSH** and sophomore **KATE WILSON** to book a trip to the 2006 championships hosted by the College of Charleston.

The Colleges began the spring ranked 12th in the ICSA coed poll.

Get scores straight to your cell phone

Hobart and William Smith Colleges have teamed up with Stretch Internet to deliver alumni, alumnae, family, and fans lacrosse scores straight to their cell phones. Stretch Internet's eScores will allow the Athletic Communications staff to send out a text message to fans with the score of lacrosse games as soon as the final horn sounds.

The service is free to all subscribers. (Fans should check with their cellular service provider as to the cost of receiving text messages.)

To sign up, visit the William Smith lacrosse links page (www.hws.edu/herons/links.asp), and click on the eScores logo, or go directly to the eScores sign up page (<http://escores.stretchinternet.com/login.php?sch=hws>).

The service will be expanded to include other team sports in the upcoming fall and winter seasons.



All-Americans Rebecca Gutwin and Cassie Priest

from the 2005 Liberty League Varsity 8 of the Year: senior All-American **CASSIE PRIEST**, senior **EDWINA WILSON**, junior **NICOLE BALSAMO**, and sophomore **JESSICA MAHON**. Senior **REBECCA GUTWIN** also returns to the top boat. The 2004 All-American missed the 2005 spring season to participate in the Colleges' study abroad program in South Africa.

The varsity line up will be bolstered by senior **FRANCES PARSONS**, sophomore **HANNAH GALLUP**, and first-years **KENZIE**

CANNON and **KERRY O'NEILL**. Gallup is one of three student-athletes returning from the Herons' 2005 Liberty League Novice 8 of the Year.

William Smith's top eight enjoyed a productive fall, earning top seven finishes in the Stonehurst Invitational, the Head of the Charles, and the Head of the Fish.

"Anchored around a strong senior class, this team is primed for a great season, especially following our incredibly productive spring training trip," Chu said. "The whole team's improvement and commitment to excellence is a cornerstone of this season's racing."

Under the guidance of novice coach **VANESSA SHEEHAN**, William Smith's incoming class won the Wylie Coyote Chase and finished fourth out of 38 teams in the Head of the Fish. Based on that success, the Herons seem poised to repeat as the League's top novice boat as well.

2006 WILLIAM SMITH SPRING SPORTS SCHEDULES

CREW		
DATE	OPPONENT	TIME
Mar 25	ROCHESTER & RPI	10 a.m.
Apr 1	at Ithaca & Marist	10 a.m.
15	RIT	10 a.m.
22	at Skidmore	Noon
	with Middlebury & Vermont	
	<i>Seneca Cup</i>	
23	at WPI with Tufts, RIT, RPI	8:30 a.m.
29	Liberty League Championships .	8:30 a.m.
	<i>Saratoga Springs, N.Y.</i>	
May 6-7	NYS Championships	9 a.m./8 a.m.
	<i>Whitney Point, N.Y.</i>	
13-14	ECAC Championships	2 p.m./8 a.m.
	<i>Worcester, Mass.</i>	
26-27	at NCAA Championships	TBA
	<i>West Windsor, N.J.</i>	

LACROSSE		
DATE	OPPONENT	TIME
Mar 14	^vs Franklin and Marshall	9 a.m.
16	^vs Bowdoin	Noon
24	*at St. Lawrence	4 p.m.
25	*at Clarkson	2 p.m.
29	at St. John Fisher	4 p.m.
Apr 1	#CORTLAND	11 a.m.
2	#DENISON	2 p.m.
7	*UNION	4 p.m.
8	*SKIDMORE	2 p.m.
11	*ROCHESTER	4 p.m.
14	*HAMILTON	4 p.m.
18	NAZARETH	4 p.m.
21	*at Rensselaer	4 p.m.
22	*at Vassar	2 p.m.
29	at Ithaca	1 p.m.

May 5-6, Liberty League Tournament
May 10-21, NCAA Tournament

^at Wellington, Fla.; *Liberty League game; #Heron Draw

SAILING*	
DATE	EVENT
Mar 4-5	John Jackson Memorial Team Race
11-12	Navy Spring Women's Intersectional
11-12	St. Mary's Team Race Invitational
18-19	St. Mary's Women's Intersectional
25-26	Princeton Women's Spring Open
25-26	Aaron Szembecki Team Race Regatta
Apr 1-2	Duplin Trophy at Tufts
8-9	Presidents Trophy at Boston University
8-9	Captain Prosser Trophy at Navy
22-23	MAISA Women's Championship at New York Maritime
29-30	America Trophy at Old Dominion
May 24-26	ICSA Women's Championship at College of Charleston
28-30	ICSA Team Race Championship at College of Charleston
31-	ICSA Coed Dinghy Championship at College of Charleston
Jun 2	at College of Charleston

*This schedule is only the highlights of the racing season. The complete schedule is available online at:

www.hws.edu/athletics/sailing/schedule.asp

TENNIS		
DATE	OPPONENT	TIME
Mar 13	*vs Nebraska Wesleyan	11 a.m.
14	*vs Westminster	11 a.m.
17	*vs Heidelberg	Noon
25	ITHACA	1 p.m.
26	COLLEGE OF NEW JERSEY	10 a.m.
Apr 1	BROCKPORT	1 p.m.
9	NAZARETH	1 p.m.
16	at Skidmore	1 p.m.
22-23	WILLIAM SMITH TOURNAMENT	8 a.m.

*at Hilton Head, S.C.

ALL DATES AND TIMES ARE SUBJECT TO CHANGE.

Published by the Heron Society of William Smith College to keep its members informed of the achievements of the William Smith athletics program as well as the Society's efforts to support and promote the Herons' continued success. For further information about William Smith athletics, the Heron Society, or this newsletter, contact: William Smith athletics, (315) 781-3500.

4 From the Director's Chair



Happy Spring!

As I sit in the Director's Chair, the sun is shining, birds are singing, the wind screens are on the tennis court chain link fencing, the crew team has been on the lake, the sailors are *considering* wearing shorts and the lacrosse team is loading up the bus headed for St. John Fisher. All definite signs that spring has arrived.

I hope you were able to watch the Herons in action this winter. Squash won the Liberty League Championships and the prestigious Walker Cup, the swimming and diving team finished 10th at the NYSWCAA championship and the basketball team won the Liberty League Championships and advanced to the NCAA round of 32. It was an exciting winter.

The William Smith student-athletes also made their mark in the classroom as 77 percent achieved a fall semester grade point average of 3.0 or better.

Our focus now is on our spring sports, the Heron Road Race (April 29), spring awards banquet (May 2), and planning for the upcoming William Smith Centennial celebration (December 2006). The Colleges are also in the midst of a Capital Campaign and Athletics will have facility and endowment components to the campaign. I encourage your continued support as we build for the future.

Thank you for your support of William Smith Athletics!

Go Herons!

A handwritten signature in black ink that reads "Deb Steward". The signature is written in a cursive, flowing style.

Deb Steward
William Smith Director of Athletics