

# HERONews

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The Heron Society of WILLIAM SMITH COLLEGE

## Squash earns highest ranking

The William Smith squash team is 13th in the latest College Squash Association national rankings, the highest the program has reached in the poll in the program's eight varsity seasons. The Herons posted their best record, 15-5, last season, and finished the year 15th in the nation, the previous high-water mark.

"This is, unquestionably, the strongest and deepest team we've ever had here," Head Coach **CHIP FISHBACK** said. "It brings to mind that old advertising phrase, 'We've come a long way, baby,' as I can remember our first season when we didn't have a single player who'd ever played before and lost to every team

except one. The scary thing is that we might be even better next year."

The 2005-06 William Smith squash team is 7-1 overall. Earlier this year, the Herons successfully defended their Liberty League Championship, breezing through the field with a 3-0  
See *LIBERTY CHAMPS*, p. 2

KEVIN COLTON



Katie Hendricks plays No. 1 for the Liberty League Champion Herons.

## Basketball bounces into action

The Heron basketball team welcomed **LINDSAY DRURY** into the head coaching ranks with three wins in a row and carry a 4-2 mark into the semester break.

Drury was appointed interim head coach in October when Olympia Scott resigned to focus on her professional playing career.

The defending Liberty League Champion Herons never skipped a beat, rattling off three straight wins to start the season.

2005 Liberty League Rookie of the Year **MARISA YESPA** scored 15 points in the opener as William Smith dispatched Keuka 63-54. Following a 10-day layoff, the Herons ran away from Nazareth 77-61 behind the 14-point effort of sophomore **STEPHANIE CZAJKOWSKI**.

William Smith's third win also put an end to a dubious streak. The Herons recorded 17 steals in a 69-61 win over Ithaca. The Bombers had not lost to William Smith since the  
See *BASKETBALL*, p. 3

KEVIN COLTON



Pria Young has two nine-steal games already this season.

KEVIN COLTON



## Costanza retains 1-meter Liberty League crown

Senior diver **SARAH COSTANZA** (pictured) captured her third consecutive Liberty League 1-meter title to help the Herons take seventh at the conference championships earlier this month. Six other Herons finished in the top-16 in their events to earn points.

William Smith has competed in four meets this season and Costanza has posted four NCAA Championships qualifying scores. Against Wells, she set a school and pool record on the 1-meter board (11 dives), carding a score of 407.5. Against Alfred, Costanza won on both the 1-meter and 3-meter boards. Her 1-meter score of 246.75 (6 dives) was also a qualifying score. She has received an invitation to the NCAA Championships in each of the past two seasons, earning All-America honors in 2004. In the conference championship, Costanza was 18 points better than the field, and won with another score that exceeded the NCAA standard.

Sophomore **MEGHAN MOSHER** finished eighth in the 50-yard freestyle and 13th in the 100 free. Junior **CHARLOTTE McINTOSH** scored in three events, taking ninth in the 200 backstroke,

See *SWIMMING & DIVING*, p. 3

## Liberty Champs (from p. 1)

record by winning 25 of 27 individual matches. Herons have been named the conference performer of the week and rookie of the week in each of the three weeks the league has presented the awards. First-year **LORI STUMP** has taken home top rookies honors all three times. Junior **KATIE HENDRICKS** garnered the first performer of the week award, followed by back-to-back wins for classmate **SHAILA PANDOLE**.

Five Herons are unbeaten this season, led by Pandole and Stump. Both players are 8-0 at No. 3 and No. 4, respectively. Pandole has won 10 consecutive matches dating back to the 2004-05 season.

William Smith is off until after the semester break, returning to action on Jan. 21, when the team hosts the University of Toronto in a rare squash doubleheader. The Herons and the Varsity Blues will square off at 10 a.m. and again at 1 p.m.

The second semester squash team will have a decidedly different look as four players depart campus for off-campus study programs. Hendricks, the team's current No. 1, will study in Geneva, Switzerland. Pandole is off to Norwich, England, while senior **SHELLEY RYAN** and junior **SERENA TURNER** (No. 7) will take their academic careers to London.

## Swimming & Diving (from p. 1)

10th in the 100 backstroke, and 13th in the 500 free, as did first-year **LYNN CUTTER** (10th in 100 breaststroke, 14th in 200 breaststroke, 15th in 50 free). Senior **KATE FELLER** was 12th in the 100 butterfly and 16th in the 50 free.

Senior diver **JILL BOWMAN** placed ninth and 12th on the 3-meter and 1-meter boards, respectively, while classmate **BECCA STEVENS** was 11th on the 3-meter board.

William Smith earned a spot in the top-seven in three of the four relays. The 200 medley relay of Cutter, Feller, McIntosh, and Mosher touched the wall in fifth place, while the team of Feller, McIntosh, Mosher, and senior **ADRIENNE BROCKWAY** was sixth in the 400 free relay and seventh in the 200 free relay.

The Herons don't return to the pool until their annual training trip to Florida after the first of the year.

## Warner joins USTFCCA Hall of Fame

William Smith Cross Country Head Coach **JACK WARNER** was inducted into the U.S. Track & Field and Cross Country Coaches Association Hall of Fame on Nov. 30 in Jacksonville, Fla. Warner, a former head coach at Colgate and Cornell universities, was one of 13 individuals to form the Class of 2005.

Warner has over 50 years of experience in the track & field and cross country coaching arena. Widely renowned and respected as one of the sport's great coaching minds, he has demonstrated unparalleled dedication to his sport.

At William Smith, Warner has directed the steady progress of one of the school's youngest programs. Under his watchful eye, the Herons have been named a Cross Country Coaches Association All-Academic Team in each of his 11 seasons. Warner also mentored the first Heron to run in the NCAA Championship meet and the program's first All-American.

As an accomplished runner for Syracuse University from 1947 to 1951, he was voted MVP of the 1949 AAU National Championship cross country team, and captain of the 1950 Orange cross country team.

After graduating from Syracuse in 1951, Warner served three years of active duty in the U.S. Marine Corps. During this period, he also became "Coach Warner" when he became All-Marine Coach in 1954. Upon his discharge from the Marines, he spent a year as a physical education teacher and coach in the North Syracuse Central School System.

Warner joined the collegiate coaching ranks as an assistant coach at Kansas University from 1955 to 1956, where he also received a master's degree in education. In 1956, he left Kansas and returned to Central New York, where he became head coach of the Colgate University track and cross country teams from 1956 to 1967.

At Cornell, Warner served as head



KEVIN COLTON

William Smith Cross Country Coach Jack Warner, now in his 11th season with the Herons, recently was inducted into the U.S. Track and Field and Cross Country Coaches Association Hall of Fame.

coach of men's track & field and cross country from 1967 to 1990, and led the women's track & field and cross country programs from 1982 to 1990.

Warner served as Co-Coach of the Uganda Olympic team in 1960, a member of the Olympic Development Committee in 1978 and 1979, and as assistant men's coach for the U.S. track and field team at the 1993 World Indoor Championships.

Befitting his impressive career, Warner has also received numerous honors. In 1978, he was named the NCAA District II Men's Track Coach of the Year, and, in 1983, the District II Women's Cross Country Co-Coach of the Year. In 1988, his alma mater honored him as a Letter Winner of Distinction.

Warner is also a member of the Rome (N.Y.) Sports Hall of Fame, the Cornell Sports Hall of Fame, and the Niagara Association of USA Track & Field Hall of Fame.

### Keeping Up With The Herons

Sign up for free e-mail about your favorite HWS team at:

[www.hws.edu/athletics/emails/signup.asp](http://www.hws.edu/athletics/emails/signup.asp)

# McCooley Field: Home of the 2006 NCAA Field Hockey Championship

The NCAA has accepted William Smith's bid to host the 2006 NCAA Division III Field Hockey Championship. The tournament semifinals and championship matches will be played on H.J. McCooley Memorial Field on Nov. 18-19.

"We are delighted that student-athletes in the NCAA Division III Field Hockey Championship will have the chance to play on McCooley Field, a state-of-the-art facility," **MARK GEARAN**, president of Hobart and William Smith Colleges, said. "All of the guests for the championship games will see first hand the beauty of our campus and witness the hospitality of the Geneva community."

William Smith Director of Athletics **DEB STEWARD** echoed Gearan's enthusiasm.

"William Smith College is proud to have been selected to host the 2006 NCAA Division III Field Hockey Championship," Steward said. "A tremendous amount of work was involved with submitting the bid materials. **SALLY SCATTON**, our field hockey coach, led these efforts and we are thrilled they were rewarded."

McCooley Field was made possible by a lead naming gift from the family of Herbert J. McCooley Sr., a former Wall Street broker who sent five of his seven children to the Colleges. Completed during the fall of 2000, McCooley Field features an AstroTurf 12 surface, seating for 1,500 fans, lights for night games and practices, and a high-tech press box that features standard phone lines, high-speed Internet connections, and wireless Internet coverage.

William Smith previously hosted the field hockey championships in 1987 and 1998 when the right to host was awarded to one of the four participating teams.

The Herons have a very impressive resume when competing on championship weekend. In 16 tournament appearances, William Smith reached the semifinal round six times, played for the championship five times, and brought home the 1992, 1997, and 2000 titles.

Scatton, who just completed her 18th season, boasts a record of 295-79-3. She will welcome back seven starters in 2006, including two-time All-American and William Smith's all-time leading scorer **SOPHIE DENNIS**. The Herons are



DON COCHRAN



McCooley Field and William Smith College will host the 2006 NCAA Division III Field Hockey championship round.

the two-time defending champions of the Liberty League and have worn the conference crown seven times in the 11-year existence of the League.

## 2 named to NCAA 25th anniversary team

Two of the 11 players named to the NCAA Division III Field Hockey 25th Anniversary team call William Smith their alma mater. Back **JESSICA DASCANO BECKER '01**, of Oxford, N.Y., and goalie **BIANCA DUPUIS '98**, of Cropseyville, N.Y., represent the Herons on this elite team.

A 2000 first-team All-American, Dascano Becker quarterbacked the stingy William Smith defense that allowed just 1.05 goals per game and shutout nine opponents, including Springfield College in the NCAA Championship game. A four-time All-Region selection, she was a second-team All-American in 1999.

Dascano Becker is currently an elementary school teacher.

A 1997 first-team All-American, Dupuis backstopped the Herons to the 1997 NCAA Division III National Championship. The 1997 Liberty League Player of the Year posted 12 shutouts in 22 games, sporting a 0.52 goals against average and a .906 save percentage (career: 488 svs, 39 SHO, 61-14, .905 SV%, 0.66 GAA).

Dupuis currently serves as an assistant field hockey coach at Rensselaer and runs her own business.

## Basketball (from p. 1)

2000-01 season. Senior guard **PRIA YOUNG** led the way with 11 points and a career-high nine steals. Senior **SERAPHINE HAMILTON** narrowly missed a double-double of her own (9 pts, 12 reb).

William Smith lost its first game of the year to Rochester, but bounced back with a win over Keuka in the first round of the Brockport Invitational on its way to a second place finish. Young and senior **TANYA RICHVALSKY** were named All-Tournament.

Heading into the semester break, Vespa leads the team in scoring (11.8) and assists (4.6), while Young is on a record-setting pace with 28 steals and leads the team in rebounding (6.2). She also sports nearly half of the Herons' three-pointers this season (13-of-28).

William Smith is among the favorites in the race for the Liberty League Championship and the accompanying automatic bid to the NCAA Tournament. The Herons return four of their top-five scorers from last year's squad that posted a 20-8 overall record.

In addition to its depth and veteran leadership, Drury's troops also got an infusion of talent from the Class of 2009. First-years **LAUREN SAMUELSON**, **LATASHA CONEY**, and **PAIGE MYERS** will wear the green and white for the first time in 2005-06 and have already made their presence felt on the hardwood.

Published by the Heron Society of William Smith College to keep its members informed of the achievements of the William Smith athletics program as well as the Society's efforts to support and promote the Herons' continued success. For further information about William Smith athletics, the Heron Society, or this newsletter, contact: William Smith athletics, (315) 781-3500.

## 4 From the Director's Chair



Happy New Year!

Thank you all for your commitment to William Smith Athletics! The year started off with the motto, "Together We Can." Together we can be stronger than we are as individuals. We have a strong tradition of excellence. Our commitment to success, ethics, respect, and our student-athletes are signature characteristics of William Smith Athletics. I am proud of our Heron athletic staff and student-athletes and look forward to growing **TOGETHER**.

It has been an exciting five months as the Director of Athletics acclimating to my new HWS surroundings, learning about the William Smith Athletic Department, assisting with the growth of the Heron Society, hosting Liberty League Championships, attending NCAA tournaments, managing staff changes, and much more. We welcomed a few new additions to our staff including **MELINDA FAY '02** (diving coach), **ALEX IVANSHECK** (assistant basketball coach), and **LIZ HARRIS '05** (assistant lacrosse coach).

The Heron Society is a tremendous support for William Smith Athletics. The membership dollars generated supplement the already stretched athletic budget and help us sustain and build upon our tradition of success and excellence. The funds support team equipment, spring banquet costs, team/individual awards, team training trips, and other necessary expenses. The Heron Society Board of Directors set a 2005-06 membership drive goal of \$50,000 and 500 members. We are just over \$47,000 in membership dollars from 401 members, please help us reach for our goal! Spread the word. Together We Can! Donations can be made online at [www.hws.edu/onlinegiving](http://www.hws.edu/onlinegiving) (select "Heron Society").

Thank you for the warm welcome to the Heron family.

Go Herons!

A handwritten signature in dark ink that reads "Deb Steward".

Deb Steward  
William Smith Director of Athletics