

## **HWS Crew Travel Directions, Fall 2007**

### **Head of the Genesee (October 7)**

Genesee Waterways Center  
149 Elmwood Avenue  
Rochester, NY  
[www.headofthegenesee.com](http://www.headofthegenesee.com)

GWC is located in Genesee Valley Park near the city ice rink: From I-390, get off at the Scottsville Road (NYS Rt. 383) exit (#17) which is on the southwest side of Monroe County. Turn left off the ramp and travel north on Scottsville Road for about 2/3 mile and then bear to your right onto Elmwood Ave. Proceed ¼ mile on Elmwood Ave and turn right into Genesee Valley Park. Go another 400 feet until you see the GWC facilities and park in the designated areas. *Parents will not be allowed to enter the trailer/athlete area. Please plan to visit with your students across the river during lunch.*

*Parent lunch set-up will be across the river at Genesee Park.*

From I-90 East or West, take Exit 46

Then take 390 North to Exit 17 (Scottsville Road).

Follow U of R signs on Scottsville Road and veer right onto Elmwood Avenue.

Turn right onto Moore Road.

Turn left into parking lot or continue on Elmwood and veer right to Lattimore Road and turn right into Crittenden parking lot.

### **Head of the Charles (October 20-21)**

Boston  
[www.hocr.org](http://www.hocr.org)

Traffic and parking during the HOCR weekend will be quite challenging. Please visit this site and follow the race directors' advice:

[www.hocr.org/2007HOCR/getting\\_around.asp](http://www.hocr.org/2007HOCR/getting_around.asp)

Our trailer will be parked at the Finish Area Launching Site (FALS) - Mass Pike to exit 18, follow signs to Cambridge. Stay straight through several traffic lights and across the River Street Bridge. Once across the bridge, take a left onto Memorial Drive (there will be a Shell station and a Mobile station at the corners.) Stay on Memorial Drive for 1.6 miles at which point it will fork (near the Cambridge Boat Club.) Staying to the left, follow signs for Watertown/Newton. Proceed through the traffic light, and as you approach Eliot Bridge, follow signs for Boston/Newton. As you are crossing Eliot bridge stay to the right and an HOCR volunteer will meet your trailer and direct you to a parking space. It would be helpful to consult a parking map or course map to assist with directions.

### **Hotel Information**

Sea Lion Motel and Cottages  
138 Eastern Ave.  
Gloucester, MA 01930  
(978) 283-7300

Please call the Sea Lion for hotel recommendations if you want to stay near the team, otherwise check out [www.hocr.org](http://www.hocr.org) for other hotel recommendations.

**Directions from FALS to Hotel**

Depart Soldiers Field Rd, Boston, MA 02163 on Ramp (West)  
Keep LEFT to stay on Ramp (No. Harvard St. / Allston)  
Turn LEFT (South-West) onto N Harvard St  
Turn LEFT (East) onto Cambridge St  
Keep RIGHT onto Ramp: I-90  
Keep LEFT to stay on Ramp to I-90 / Boston / Cape Cod  
\*Toll road\* Merge onto I-90 [Mass Pike]  
Stay on I-90 [Mass Pike] (East)  
At exit 24 a-B-C, turn LEFT onto Ramp to I-93 / Concord NH / S. Station / Quincy  
Take Ramp onto I-93 [US-1] to I-93 / Concord NH  
At exit 37A, take Ramp (RIGHT) onto I-95 [SR-128] to I-95 / RT-128 / Peabody  
Keep LEFT onto SR-128 to RT-128 / Gloucester  
Turn LEFT (East) onto SR-127 [Eastern Ave]  
Arrive 138 Eastern Ave, Gloucester, MA 01930

**Head of the Fish Regatta (October 28)**

Saratoga Springs, NY  
[www.headofthefish.com](http://www.headofthefish.com)

Take I-90 to I-87 North,  
Take I-87 North to Exit 14 (Rt. 9P)  
Turn left off the ramp (Union Ave. toward Saratoga Lake)  
Continue over the bridge that crosses the racecourse  
Turn Left just after the bridge into the NYS Boat Launch Site

The bridge can be very congested on race day morning. You might consider taking 9P S and then bearing left onto Meadowbrook Road. Take this all the way around the lake, bearing left onto Dyer Switch Road and then turning right at the T. Cross the bridge (starting line/Skidmore Boathouse) and turn right onto Fitch Road. Turn right at the T onto Route 9P N. Lee's Trailer Park will be on your right.

**Bus Directions to Off-site Parking**

Left out of Lee's Trailer Park/NYS Boat launch onto 9P. Take a left onto Fitch Road. Turn left at T and cross over bridge (starting line). Take next right onto Meadowbrook Road (Dyer Switch Road?). Take to right onto Henning Road. Go ½ mile and turn left into parking lot.

**OR**

Take right out of Lee's Trailer Park and cross bridge if it is not too congested. Bear left onto Route 9P/Meadowbrook Road towards I-87. Go past entrance to I-87 and take about ½ mile and turn right onto Henning Road. Turn left into parking lot.